

KENDAL 10K RESULTS

11 May 2011

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Age	Sex
1	00:32:52	39	Little	Steve	Wesham RR		37	M
2	00:34:13	67	Walker	Richard	Barrow & Furness Striders AC		36	M
3	00:34:22	69	Dixon	Garry	Barrow & Furness Striders AC	V40	40	M
4	00:35:06	79	Smith	William	Helm Hill Runners		16	M
5	00:35:19	76	Bell	Carl	Howgill Harriers		28	M
6	00:35:25	3	White	David	Helm Hill Runners	V40	40	M
7	00:35:29	51	Garner	Steven	West Cumbria Tri		37	M
8	00:37:07	53	Barlow	Lee	Wesham RR		39	M
9	00:37:19	8	Cruse	Peter	Lytham St Annes RR	V40	48	M
10	00:37:21	64	Stanway	Simon	Barrow & Furness Striders AC	V40	42	M
11	00:37:22	49	Barlow	Jason	Wesham RR	V40	42	M
12	00:37:25	28	Davidson	Ian	Kendal AC	V40	41	M
13	00:37:43	80	Purslaw	Jon		V40	45	M
14	00:38:18	96	Wilson	Matt	Kendal AC		37	M
15	00:38:52	50	McKee	Alan	West Cumbria Tri	V40	43	M
16	00:38:56	54	Young	Stephen	Hoad Hill Harriers		36	M
17	00:39:01	33	Beech	Alan		V40	42	M
18	00:39:17	77	Moffat	Stephen	Howgill Harriers	V50	53	M
19	00:39:25	40	Burns	Danny			36	M
20	00:39:47	75	Cooper	Philip	Howgill Harriers	V40	41	M
21	00:40:22	70	Waite	John	Keswick AC		30	M
22	00:40:26	98	Douglas	Charlotte	Border Harriers		25	F
23	00:40:28	45	Smith	Michael	Dallam RR	V40	42	M
24	00:40:29	93	Moffat	Robert	Howgill Harriers		23	M
25	00:40:48	43	Midgley	Mark	Wesham RR	V40	44	M
26	00:41:28	373	Rigby	Phil	Helm Hill Runners	V40	48	M
27	00:41:31	91	Kennedy	Brian	Settle Harriers	V50	50	M
28	00:41:34	81	Gill	Ray	Dallam RR	V50	50	M
29	00:41:48	46	Eaton	Simon	Wesham RR	V40	40	M
30	00:41:55	78	Close	Eddie	Howgill Harriers		39	M
31	00:42:02	72	Tweedle	Louise	Carlisle Tri Club		26	F
32	00:42:18	62	Jones	John	Kendal AC	V40	49	M
33	00:42:24	36	Ford	Sally			34	F
34	00:42:53	2	Pierce	Steve	Kendal AC	V60	63	M
35	00:42:59	48	Vickers	Graham	Wesham RR	V50	53	M
36	00:43:30	376	Harris	Mark			38	M
37	00:43:35	47	Livesey	Fraser	Howgill Harriers	V50	50	M
38	00:43:53	59	Jackson	Paul	Howgill Harriers		38	M
39	00:43:58	99	Letheran	andy	Trial RA	V40	46	M
40	00:44:02	66	Webster	Jon	Kendal AC	V40	45	M
41	00:44:10	38	McDonald	Andrew		V40	46	M
42	00:44:23	74	Mackie	Paul		V40	40	M
43	00:44:37	97	Mann	Paul			32	M
44	00:44:42	87	Johnson	Stewart	Helm Hill Runners	V60	60	M
45	00:44:49	89	Mitchell	Ian	Helm Hill Runners	V40	49	M
46	00:44:58	370	Richards	Ali	Helm Hill Runners		36	F
47	00:45:06	369	Morris	Chris	Settle Harriers	V50	54	M
48	00:45:10	63	Cowling	Paul	Carlisle Tri Club		37	M
49	00:45:18	374	Rigby	Jayne	Helm Hill Runners		36	F
50	00:45:27	37	Percival-Smith	Paul	Kendal AC	V50	55	M
51	00:45:36	60	Cummins	Simon	Howgill Harriers	V40	45	M

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52	00:45:41	9	Black	Ian		V40	43	M
53	00:45:48	68	Western	Brian	Carlisle Tri Club		33	M
54	00:46:01	86	Shea	Paul	Howgill Harriers	V50	53	M
55	00:46:05	52	Ashworth	Tanya	Blackpool Wyre & Fylde		39	F
56	00:46:07	16	Wikinson	Derek	Lancaster & Morecambe	V50	51	M
57	00:46:24	58	Bradley	Stephen		V40	46	M
58	00:46:24	57	Bradley	Nick	Kendal AC		22	M
59	00:46:42	55	Brathwaite	Stephen	Helm Hill Runners		39	M
60	00:47:14	31	Bamford	John		V40	46	M
61	00:47:17	29	Harrod	Lindsay	Helm Hill Runners	V40	44	F
62	00:47:24	88	Phillips	Steve			31	M
63	00:47:24	71	Daly	Allison	Helm Hill Runners		36	F
64	00:47:42	25	Horne	Larry		V40	48	M
65	00:48:20	85	Gill	Dawn	Dallam RR	V50	52	F
66	00:48:48	100	Stead	Kevin			35	M
67	00:49:23	35	Aspden	Emma	Dallam RR		37	F
68	00:49:37	95	Warth	Rachel			29	F
69	00:49:45	19	Wilson	Patrick			23	M
70	00:50:20	371	Lepper	Victoria	Helm Hill Runners		28	F
71	00:50:23	22	Cobaine	Faith			39	F
72	00:50:52	14	Vernon	Garry	Fetcheveryone RC	V40	44	M
73	00:50:56	17	Wilkinson	Carole	Lancaster & Morecambe	V50	51	F
74	00:51:12	94	Wood	Jenna	Howgill Harriers		24	F
75	00:51:18	21	Milligan	Emma		V40	42	F
76	00:51:31	92	Black	Leonie			35	F
77	00:51:36	61	Riding	Bill	Northern Vets Ac	V60	61	M
78	00:52:01	32	Bassington	Paul	Howgill Harriers	V50	55	M
79	00:52:11	5	Nicholson	Brian	Kendal AC	V60	70	M
80	00:52:35	56	Kendal	Kev	Howill Harriers		38	M
81	00:52:38	11	Briggs	Michael		V50	51	M
82	00:52:59	34	Roberts	Steven		V50	52	M
83	00:53:05	24	Airey	Caroline			35	F
84	00:53:35	6	Williams	Peter	Kendal AC	V60	70	M
85	00:53:42	15	Nowell	Michele			38	F
86	00:54:16	23	Gibbins	Neil		V40	44	M
87	00:54:21	65	Shuttleworth	Angela	Howgill Harriers	V50	51	F
88	00:54:22	90	Todd	Mari		V40	49	F
89	00:54:25	42	Sherriff	Jane	Garstang Running Club		33	F
90	00:54:47	30	Dodgson	Joanne			35	F
91	00:54:53	41	Patefield	Julia	Garstang Running Club	V40	44	F
92	00:54:59	1	White	Patricia		V50	51	F
93	00:55:39	372	Onions	Rachel			23	F
94	00:56:04	73	Dean	Jim		V60	70	M
95	00:56:57	7	Jones	Susan	Wesham RR	V40	45	F
96	00:57:32	44	Smith	Helen	Dallam RR	V40	43	F
97	00:58:07	375	Moffat	David	Kendal AC	V50	52	M
98	00:59:02	20	Howarth	Pamela			38	F
99	00:59:18	83	May	Lynn	Howgill Harriers	V50	51	F
100	00:59:44	84	Bainbridge	Pauline	Howgill Harriers	V40	46	F
101	00:59:59	12	Elkington	Evelyn	Lancaster & Morecambe	V60	74	F
102	00:59:59	13	Elkington	Bernard	Red Rose Road Runners	V60	74	M
103	01:01:59	18	Parsons	Nadine			24	F
104	01:02:52	82	Procter	Juliet	Howgill Harriers	V40	46	F