

Sheet1

**Levens 10k Wednesday 1st JUNE 2011**

| <b>Pos</b> | <b>Num</b> | <b>Forename</b> | <b>Surname</b> | <b>Cat</b> | <b>Club</b>                  | <b>Time</b> |
|------------|------------|-----------------|----------------|------------|------------------------------|-------------|
| 1          | 152        | Garry           | Dixon          | MV40       | Barrow & Furness Striders AC | 00:34:32    |
| 2          | 153        | Richard         | Walker         | M          | Barrow & Furness Striders AC | 00:34:48    |
| 3          | 149        | Luke            | Ingham         | M          | Kendal AC                    | 00:35:14    |
| 4          | 103        | David           | White          | MV40       | Helm Hill Runners            | 00:36:06    |
| 5          | 139        | Paul            | Singleton      | M          | Ambleside AC                 | 00:36:27    |
| 6          | 53         | Lee             | Barlow         | M          | Wesham RR                    | 00:37:59    |
| 7          | 151        | Simon           | Stanway        | MV40       | Barrow & Furness Striders AC | 00:38:12    |
| 8          | 28         | Ian             | Davidson       | MV40       | Kendal AC                    | 00:38:22    |
| 9          | 141        | Stephen         | Young          | M          | Hoad Hill Harriers           | 00:38:27    |
| 10         | 108        | Peter           | Cruse          | MV40       | Lytham St Annes RR           | 00:39:07    |
| 11         | 150        | Michael         | Hoyle          | M          | Kendal AC                    | 00:39:48    |
| 12         | 155        | Kathleen        | Aubrey         | FV40       | Helm Hill Runners            | 00:39:52    |
| 13         | 168        | Robert          | Moffat         | M          | Howgill Harriers             | 00:41:19    |
| 14         | 140        | Darren          | Little         | M          |                              | 00:41:50    |
| 15         | 116        | Karen           | Ball           | F          | Ackworth RR & AC             | 00:41:56    |
| 16         | 46         | Simon           | Eaton          | MV40       | Wesham RR                    | 00:41:57    |
| 17         | 163        | Charlotte       | Douglass       | F          | Border Harriers              | 00:42:05    |
| 18         | 114        | Ray             | Gill           | MV50       | Dallam RR                    | 00:42:08    |
| 19         | 123        | David           | Claybrook      | M          |                              | 00:42:08    |
| 20         | 145        | Simon           | Gora           | M          | Garstang Running Club        | 00:42:08    |
| 21         | 143        | Lauren          | Cooper         | F          | Lancaster & Morecambe        | 00:43:10    |
| 22         | 133        | Charles         | Colby          | MV40       | Wesham RR                    | 00:43:25    |
| 23         | 131        | Brian           | Cumpsty        | MV40       | Thornton Cleveleys RC        | 00:43:58    |
| 24         | 102        | Steve           | Pierce         | MV60       | Kendal AC                    | 00:44:53    |
| 25         | 144        | Jon             | Webster        | MV40       | Kendal AC                    | 00:45:02    |
| 26         | 158        | Ali             | Richards       | F          | Helm Hill Runners            | 00:45:10    |
| 27         | 147        | Andy            | Letheran       | MV40       | Trial RA                     | 00:45:12    |
| 28         | 109        | Ian             | Black          | MV40       |                              | 00:45:19    |
| 29         | 127        | Steve           | Bradley        | MV40       |                              | 00:46:02    |
| 30         | 128        | Nick            | Bradley        | M          | Kendal AC                    | 00:46:02    |
| 31         | 52         | Tanya           | Ashworth       | F          | Blackpool Wyre & Fylde       | 00:46:25    |
| 32         | 154        | Ian             | Mitchell       | MV40       | Helm Hill Runners            | 00:46:30    |
| 33         | 132        | Angela          | Colby          | FV40       | Wesham RR                    | 00:46:51    |
| 34         | 156        | Christopher     | Moss           | MV40       | Wesham RR                    | 00:46:59    |
| 35         | 161        | Dianne          | Priestley      | FV50       | Kendal AC                    | 00:47:19    |
| 36         | 117        | Larry           | Horne          | MV40       |                              | 00:47:24    |
| 37         | 29         | Lindsay         | Harrod         | FV40       | Helm Hill Runners            | 00:47:39    |

Sheet1

|    |               |            |      |                       |          |
|----|---------------|------------|------|-----------------------|----------|
| 38 | 107 Dave      | Waywell    | MV60 | Wesham RR             | 00:47:49 |
| 39 | 148 John      | Edmondson  | MV60 | Aycliffe RC           | 00:47:58 |
| 40 | 146 John      | Bamford    | MV40 |                       | 00:48:01 |
| 41 | 113 Dawn      | Gill       | FV50 | Dallam RR             | 00:48:10 |
| 42 | 106 Kath      | Hoyer      | FV50 | Wesham RR             | 00:48:18 |
| 43 | 124 Andy      | Hope       | M    |                       | 00:49:24 |
| 44 | 162 Steve     | Quarmby    | MV40 | Lytham St Annes RR    | 00:49:45 |
| 45 | 142 Andy      | Moore      | MV40 |                       | 00:50:18 |
| 46 | 136 Hamish    | Ross       | MV60 |                       | 00:50:34 |
| 47 | 119 Stephanie | Shoe       | FV40 |                       | 00:51:29 |
| 48 | 32 Paul       | Bassington | MV50 | Howgill Harriers      | 00:52:16 |
| 49 | 118 Bill      | Riding     | MV60 | Northern Vets Ac      | 00:52:28 |
| 50 | 167 Jenna     | Wood       | F    | Howgill Harriers      | 00:52:47 |
| 51 | 125 Neale     | Perrins    | MV40 |                       | 00:52:52 |
| 52 | 164 Jeremy    | Richards   | M    |                       | 00:53:33 |
| 53 | 104 Brian     | Nicholson  | MV60 | Kendal AC             | 00:53:41 |
| 54 | 110 Michele   | Nowell     | F    |                       | 00:56:16 |
| 55 | 105 Peter     | Williams   | MV60 | Kendal AC             | 00:56:17 |
| 56 | 101 Patricia  | White      | FV50 |                       | 00:56:29 |
| 57 | 112 Bernard   | Elkington  | MV60 | Red Rose Road Runners | 00:57:34 |
| 58 | 122 Lisa      | Whetter    | F    | Moss Park Strollers   | 00:58:13 |
| 59 | 138 Helen     | Jolly      | FV50 | Wesham RR             | 00:59:05 |
| 60 | 137 Mike      | Walsh      | MV60 | Wesham RR             | 00:59:05 |
| 61 | 111 Evelyn    | Elkington  | FV60 | Lancaster & Morecambe | 00:59:13 |
| 62 | 115 Lesley    | Nelson     | F    |                       | 01:01:41 |
| 63 | 121 Sue       | Woods      | FV40 | Moss Park Strollers   | 01:02:18 |
| 64 | 165 Katie     | Swarbrick  | FV40 |                       | 01:02:35 |
| 65 | 160 Una       | Bell       | FV40 |                       | 01:02:44 |
| 66 | 135 Alison    | Hawcroft   | FV40 |                       | 01:04:46 |
| 67 | 134 Carl      | Hawcroft   | MV50 |                       | 01:04:51 |
| 68 | 159 Christine | Nelson     | F    |                       | 01:06:04 |
| 69 | 120 Dave      | Hill       | MV50 |                       | 01:08:01 |
| 70 | 130 Karen     | Cumpsty    | FV40 | Thornton Cleveleys RC | 01:12:29 |
| 71 | 129 Andy      | Cross      | MV40 | Thornton Cleveleys RC | 01:12:30 |