

# Athletics Wants You!



## TRY ATHLETICS SESSIONS

QUEEN KATHERINE SCHOOL FIELD, KENDAL

TUESDAY EVENINGS 6PM TO 7.15PM  
FROM 2<sup>nd</sup> May 2017 FOR 3 WEEKS  
(£2.00 per session)

### Sessions include:

Track and Field Athletics based events for school years 4, 5 and 6.  
(minimum age: 9 years old by August 2017)  
Coaching in running, jumping and throwing events from qualified and  
CRB certified UK Athletics coaches.

**BOOKING IS ESSENTIAL**  
**Are You Ready?**

Contact Lisa Screen 07586884386

lscreen001@aol.com



**South Cumbria &  
North Lancashire**  
Athletics Network

